

# **ARMY NATIONAL GUARD**

## **Defense Eligibility Enrollment Reporting Systems (DEERS) Project Office Soldier Journey Checklist**



**Preparing Soldiers and their families  
for the Army National Guard's Mission**

## **Create a MilConnect account**

<https://milconnect.dmdc.osd.mil/milconnect/manage>  
health benefits

## **Create a Humana Military account**

<https://www.humanamilitary.com/review> TRICARE  
eligibility

- Ensure your previous and current assignments are updated and current in the Integrated Personnel and Pay System – Army (IPPSA)
- Schedule office calls with your Human Resources Section (S1/G1/J1) or your Active Guard Reserve (AGR) Branch Manager to review/verify that all your active-duty orders that are eligible for a TRICARE benefit are current

**Share this with a battle buddy to be proactive with TRICARE readiness**



**One of the reoccurring challenges we experience are individuals who are not currently enrolled in a TRICARE plan. At every (active order) status change, you must re-enroll in TRICARE. Active duty Guardsmen and Traditional (M-Day) Guardsmen are eligible for different TRICARE plans.**

**Ensure you are enrolled in the correct TRICARE program for your status**

<https://tricare.mil/Plans/Eligibility/NGRMandFamilies>

**Know where your closest DEERS office is located**

<https://idco.dmdc.osd.mil/idco/>

**Review your service history and ensure all your service aligns to your National Guard Bureau Form 23**

**Share this with a battle buddy and be proactive with TRICARE readiness**



## **TRICARE Bills and Eligibility**

**Step 1:** ensure you have orders that cover the time in question (coordinate with your State for processing / updating your personnel record to reflect TRICARE eligibility and coverage)

**Step 2:** If you paid any out of pocket expense, click the link below for guidance on completing claims with TRICARE

<https://tricare.mil/formsclaims/claims/medicalclaims>

**Plans for TRICARE Eligibility for Soldier status (active / inactive)**

<https://tricare.mil/Plans/Eligibility/NGRMandFamilies>

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# TAMP (Transition Assistance Management Program)

<https://tricare.mil/Plans/SpecialPrograms/TAMP>

*According to the AFI 36-3026 page 115, Chapter 6, Table 6.1, SM's are entitled to TAMP or TA-180 if they meet one of the qualifying conditions:*

- Involuntarily separated with an eligible Special Program Designator (SPD) code
- (Verify DD Form 214 or separation order)
- • Involuntarily retained on Active Duty in support of a contingency operation
- Voluntarily remained on Active Duty for one year or less in support of a contingency operation
- Reserve Component members (Guard and Reserve) who are demobilized/deactivated after being called to AD for 31 days or more in support of a contingency operation
- Member receiving a sole survivorship discharge
- Member separating from Active Component, and agrees to become a member of the Selected Reserve of the Ready Reserve of a Reserve Component with no break in service



# **TAMP (Transition Assistance Management Program CONTINUED**

Also, if the SM is on T32 COVID orders for 31 days or more after January 1, 2021, will be eligible for TAMP-180.

EXAMPLE of possible benefits entitled to Service Member:

- Service Member goes onto T10 MOB from 2022JAN01-2023JAN01
- Next: Service Member goes on T10 ADOS from 2023JAN02- 2023FEB0228 (58 days).
- TAMPS starts 2023MAR01

Results: The Project Office collects the supporting documentation based off the original orders provided. TRICARE then makes the determination of benefits that the Service Member is entitled to.

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For any additional questions, please email the  
**ARNG DEERS Project Office**

ng.ncr.ngb-arng.mbx.deersrapids-project-  
office@army.mil

