

## **No FEAR Training**

### **Instructions to complete the online Notification and Federal Employee Antidiscrimination and Retaliation Act training (No FEAR) & Anti-Harassment training (Updated: July 2019)**

1. Training required **annually** for all federal non-dual status, T-5, (Civilian Federal Employee's) and Supervisors – to include supervisors in an AGR or Dual/Non-Dual Technician status. (Does not including state or contracted personnel). Training required **every two years** for all other full time personnel – AGR and Dual Status T-32 Technicians. Training required **90 days after the effective date of hire** for all newly hired Technician and AGR employees.

2. Air Force training module: <https://golearn.csd.disa.mil>

- a. Go to ADLS Login page:
  - (1) Select CAC or Password method
  - (2) Click "Course List" on left side of home page
  - (3) Click "Selected Force Training"
  - (4) Click "No FEAR Act" training (ZZ133081)
  - (5) Click "Take the Course"
- b. Upon completion of the training:
  - (1) Click on "My transcript" (left side of home page)
  - (2) Click on certificate; print the certificate

3. Army training module: <https://www.atrrs.army.mil/selfdevctr/>

- a. Go to ATRRS Self Development Center website
  - (1) Go to Quick Course Search box on left side of screen.
  - (2) Not a Supervisor: go to Crs Nbr, enter "EEO-203A" and click search button
  - (3) Supervisor(s): Go to Crs Nbr, enter "EEO-203B" and click search button
  - (4) Select CAC or AKO login method
  - (5) Complete registration form and click Submit Application button
  - (6) You will receive an email confirming registration. Login AKO website and complete course.
- b. Upon completion of the training:
  - (1) Click on certificate; print the certificate. Send a copy to the State Equal Employment Manager (SEEM), [amy.kane.civ@mail.mil](mailto:amy.kane.civ@mail.mil)

4. Any questions please contact the State Equal Employment Manager (SEEM), Amy Kane, [amy.kane.mil@mail.mil](mailto:amy.kane.mil@mail.mil) or 401-275-4181.