## **UDL Unit Briefing**

You have been selected to provide a urine specimen.

Collection of the specimen will be conducted using direct observation in full view of an observer. Do not go to the UDL station until you feel you are ready to provide at least 30 mL or more of urine. If you are unable to provide a specimen or an adequate quantity of urine, you will be held in the holding area until you are able to provide a specimen. You will be provided with an adequate amount of liquid to help facilitate the collection process. You will not be released from duty today until you have provided a proper specimen.

You will provide a urine specimen in a urine specimen bottle. (A wide-mouth collection cup is also available for males and females).

Each bottle will have a label affixed to it with today's date that identifies you by your DoD ID# after you return from the latrine.

You will perform the following tasks:

- 1. Provide your military ID card. If you do not have your military ID card or other photo identification, the commander will be called to verify your identification.
- 2. Remove excess outer garments such as OCP jackets, coats or IPFU jackets.
- 3. Provide 30 mL (45 mL preferred) of urine under direct observation.
- 4. Initial the bottle label upon returning from the latrine after you have verified your DoD ID#, full name, and date on the testing register, verify DoD ID# on the DD Form 2624; and verify the date and your DoD ID# on the bottle label.
- 5. Keep the specimen bottle in full sight until sealed with tamper-evident tape and placed into the collection box.
- 6. Sign your payroll signature on the testing register to verify your urine specimen was provided, the bottle label bearing your initial was placed on the bottle, the specimen was sealed with tamper evident tape, the UDL initialed the bottle label, and the specimen was placed into the collection box.

Note: I do not need to know if you are taking or have taken prescription medications. If your specimen result comes back form the laboratory as positive for a drug that could been a result of prescription medication, a medical doctor will review the result before any other actions are taken. The doctor will review your medical record, any prescription from outside providers, and possibly interview you prior to determining of valid prescription use or illegal use. If the doctor determines the drug positive was a result of valid prescription medication, then no actions will be taken against you.

## Are there any questions? Any question about the collection procedure will be directed toward your observer of myself.