

**APPENDIX A
PACKING LIST**

MINIMUM QUANTITY	ITEM DESCRIPTION	NOTES	PACKED
HOME STATE S-1 / ADMIN ISSUED ITEMS			
1 each	Identification Card, Military		
1 pair	Tags, Personnel ID w/ chain		
1 each	Drivers License (Mil / Civ)		
5 each	Orders, Annual Training		
ISSUED CLOTHING			
2 each	Belt, Trousers		
2 pair	Boots, Combat, Desert		
2 each	Cap, ACU	Name tapes may be sewn on	
1 each	Coat, Cold Weather, ACU or Jacket, Gore-Tex		
1 pair	Gloves, Shell, Black Leather w/ inserts		
5 each	Coat, ACU, with Velcro Name Tapes	Name tapes may be sewn on	
1 each	Jacket, IPFU		
1 pair	Pants, IPFU		
1 each	Shirt, long sleeve, IPFU		
2 each	Shirt, short sleeve, IPFU		
2 each	Shorts, black, IPFU		
1 each	Cap, Grey Fleece(watch cap)		
10 pair	Socks, Wool, Boot (Green or Black)		
5 pair	Trousers, ACU		
6 each	Undershirt, Sand		
2 each	Handkerchiefs		
2 each	Top, Underwear, Polypropylene or Black Silk	Required for winter course	
2 each	Bottom, Underwear, Polypropylene or Black Silk	Required for winter course	
INDIVIDUAL EQUIPMENT			
1 each	Bag, Duffel		
1 each	Bag, Sleeping (Mummy or MSS) w/ all components		
1 each	Blanket, Wool		
1 each	Bag, Waterproof		
1 each	Bag, Laundry		
1 each	Belt, Individual Equipment		
2 each	Canteen, Water, Plastic (1 qt)		
1 each	Case, First Aid with field dressing	Case not required w/ LBV	
2 each	Case, Small Arms	Not required w/ LBV	
1 each	Compass, Lensatic with case & Lanyard (FUNCTIONAL)		
2 each	Cover, Canteen		
2 each	Cup, Canteen		
1 each	Entrenching Tool w/ Carrier		
1 each	Flashlight, (w/ all lenses and batteries)		
1 each	Frame, Strap, shoulder (ALICE)	Not Required w/ MOLLE	
1 each	Frame, Strap, shoulder (ALICE)	Not Required w/ MOLLE	
1 each	Helmet, PASGT (Kevlar) (Without cover)		
1 each	Poncho		

MINIMUM QUANTITY	ITEM DESCRIPTION	NOTES	PACKED
INDIVIDUAL EQUIPMENT (continued)			
1 each	Liner, Poncho		
1 each	Map Case, Green		
1 each	Mat, Sleeping		
1 each	Ruck, ALICE or MOLLE, with frame (recommend LARGE)		
1 pair	Suspenders, individual equipment or Tactical Load Bearing Vest		
1 pair	Clear Safety Goggle / Ballistic Glasses	No shaded or tinted authorized	
HOME STATE ISSUED ITEMS			
1 each	Bee-sting allergy kit (by prescription)		
5 each	Bag, Zip-Lock, Plastic (12 x 12)		
5 each	Bag, Zip-Lock, Plastic (8 x 8)		
5 each	Bag, Zip-Lock, Plastic (6 x 6)		
1 pair	Plug, Ear w/ case		
3 each	Pen, Black, ball-point		
2 each	Pen, Sharpie, fine point, black		
1 each	Ruler, 12"		
1 each	Sewing Kit		
2 each	Book, Memo 3.5" x 4.5"		
1 each	Marker, Permanent, Black		
1 each	Notebook, Steno Type		
2 packs	Index Cards, 3" x 5" (100 per pack)		
1 set	Pens, Alcohol, super fine, red, blue, black, green		
1 each	Pen, cleaning (alcohol)		
2 each	Pencil, mechanical		
2 each	Coordinate Scale and Protractor	Recommend Ranger Joes Brand	
1 each	Camouflage Compact or Stick		
1 each	Calamine Lotion		
1 each	Chigg-Away		
1 each	Foot Powder		
1 each	Insect Repellant		
1 each	Lipstick, Anti-Chap		
1 each	Pre-Sun 15, 4 oz		
1 each	Whistle, Plastic, Black or Dark Green		
1 each	Camelback (ACU, Tan or Green)		
1 each	Athletic Supporter (Male) w/ cup		
3 each	Brassiere, Athletic/Sports type (Female)		
1 kit	Desert boot Cleaning Kit		
1 pair	Shoes, Running (conservative in color)	Must lace up – no 5 finger	
1 pair	Shoes, Shower (conservative in color)		
COMMON ITEMS			
2 pair	Laces, Combat Boot (spares)		
5 pair	Socks, White, Running (no logos or stripes; length IAW AR 670-1)		
2 each	Tabs, Blousing (Velcro)		

COMMON ITEMS Cont.			
1 kit	Toilet Articles, (as required): toothbrush, toothbrush case, toothpaste, soap, soap dish, shaving gear, mirror, comb or small brush, feminine hygiene articles, dental floss, mouthwash, antiperspirant. No electric razors		
4 each	Towel, Bath, White or Brown		
2 each	Washcloth, White or Brown		
6 each	Underwear, White, Black, Brown or Sand		
3 each	Padlock, combination (SERVICEABLE, must fit on duffle bag)		
1 each	Watch, Wrist (Black)		
10 each	Coat Hangers, Copper	No plastic or colored hangers	
2 pair	Government Issued eyeglasses w/ strap (if required by prescrip; no contacts) 1 pr worn, 1 extra		
1 set	Civilian clothes (worn in transit)		
4 each	Battery, D cell (2 in flashlight)		
	Money to cover incidental expenses – do <i>not</i> bring excessive amounts of money to training.		
OPTIONAL ITEMS			
1 each	Trousers, ECWS (Gore-Tex™)		
1 pair	Boots, ECWS (Gore-Tex™)		
1 set	Elbow / Knee Pads		
3 each	Long Sleeve T-shirt, Sand		
	Under Armor T-Shirts	Cannot Replace Required T-shirts	
	Cold Weather Under Armor Top and Bottoms	May replace Polypro	
1 each	Leatherman type Multi-tool		

The Following is a list of items prohibited at OCS:

1. Tobacco products, to include smokeless.
2. Alcohol.
3. Any supplements taken to enhance performance.
4. Medications not prescribed by a Physician. (To include cough drops and Vitamin C tablets)
5. Contact lenses.
6. Cosmetics.
7. Hair nets and curlers.
8. Perfumes, colognes, or after-shave.
9. Body sprays.
10. Electric or battery operated razors.
11. Digital/tape recorders, CD players, I-Pods, MP3 players.
12. Radios, portable TV/ DVD players.
13. Cellular phones.
14. Outside Notes or Handouts.
15. Laptop/palmtop computers.
16. Global positioning devices.
17. Magazines.
18. Newspapers.
19. Bayonets, fixed-blade knives, or knives over 3".
20. Perfumed or scented lotions (unscented lotions are not prohibited).
21. Any handheld electronic devices (i.e., video game players, palm pilot, organizers).
22. Adult material of any kind.
23. Vitamins.
24. Head Lamps – Not authorized in AR 670-1

NOTE: You must bring ALL items on the packing list. You will not start the course without the required items.